



**MAKO-POTOMAC MARLINS 200fly/400 IM Dual Meet
Oct. 25, 2014**

Sponsored by the Mason Makos Swim Team

*Sanctioned by USA Swimming through Potomac Valley Swimming
Sanction # PVD-15-106*

Meet Director: Heather Coulson Haddock (703) 263-2274 (makoswimming@aol.com)

Meet Referee: John Kost (marlinsofficials@gmail.com)

Location: [GMU Aquatics & Fitness Center](#)

Fairfax VA
703-993-3939

The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2 (C).

Schedule: Saturday Oct. 25, 2014

Warm-up: 6.00- 6.25 AM Events: 6.30 AM

An 8 lane, 25 yard course will be used for all competition, with a water depth of 7' at the dive end, and 9' at the turning end. Warm-up / warm-down lanes will be available throughout the meet in separate lanes from the competition pool.

Manual timing (stopwatches only) will be used for this meet.

Eligibility: Dual meet between Mason Makos and Potomac Marlins.. Swimmers shall compete at the age attained on Saturday, Oct.25, 2014.

PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy as adopted by the Board of Directors](#). Athletes with disabilities are welcome to participate, and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Rules/Entries: Current USA Swimming rules shall govern the meet.

All events are timed finals. .
Seed times are short course yards.
No on-deck USA-S registration is permitted.

In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.

Dive-over starts may be used. Coaches are requested to review [Guidance for Dive-Over Starts for Coaches](#). Officials are requested to review [Protocol for Dive-Over Starts](#).

Liability Statement: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, George Mason University and MAKO shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Time Trials: Time trials may be available at the end of the session, time permitting..

Warm-Up: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.

Supervision: **NO FOOD OF ANY KIND IS ALLOWED ON THE POOL DECK.**

Coaches are responsible for the conduct of their swimmers and families, as well as maintaining clean team areas. Only athletes, USA Swimming certified coaches, and deck officials are permitted on the pool deck. Coaches & deck officials are required to display their valid 2011 USA Swimming credentials. Parents not working the meet as a deck official, timer, or other meet position are not permitted on deck.

COACHES ARE RESPONSIBLE FOR ENSURING THAT THEIR TEAM AREAS ARE CLEAN OF ANY DEBRIS AT THE CONCLUSION OF EACH MEET SESSION.

Admission: There is no admission charge. Meet programs will be made available for a nominal charge.

Officials: All certified officials wishing to volunteer to work this meet should contact John Kost; E-mail: marlinsofficials@gmail.com. Please include your club affiliation, certifications held, and sessions you wish to work.

Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-up.

Each participating club is requested to provide at least one official and 3 timers per session if entering 25 or more swimmers.

Seating: Due to the limited pool deck space, only officials, USA swimming registered coaches and swimmers will be permitted on the pool deck. No chairs are allowed on deck.

Parking: Parking Lot "C" is the designated lot for all swim teams. GMU parking services will ticket all vehicles parked in other non-designated lots.

Penalties: Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

Entries: Teams should provide entries as follows:

1. Email (preferred):
 - Send e-mail to Heather (makoswimming@aol.com).
 - Include with your commlink file one report by name and one by event. Create these reports in HyTek Team Manager and save as Word for Windows files.
 - In the body of your email, provide entry numbers (girls, boys, totals).
 - Include contact information (e-mail, phone, officials contact).
2. Mail:
 - HyTek computer disk entries are required.
 - Include with your commlink file one report by name and one by event. Create these reports in HyTek Team Manager and save as Word for Windows files.

- Entries may also be submitted on a PVS Master Entry Sheet.
- All entries must include a completed PVS Entry Cover Sheet.
- Events and time standards (.hyy files) for use in Team Manager are available online.

Entry Deadline:

THE ENTRY DEADLINE IS 1:00 PM, THURSDAY, OCT. 23 2014

Important:

The Meet Director will acknowledge receipt by return email within 24 hours. Teams submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other means to confirm receipt.

The above date is the deadline for teams to submit their entries to the Meet Director. Therefore, teams usually set an earlier deadline to receive entries from their swimmers. Check with your team for this information.

Other Registration Details:

Entries directly from individual team members will not be accepted.
 Entries by phone or fax entries will not be accepted.
 Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible team official will not be accepted.

Fees; \$2.00 per event

Send Entries To:

Heather Coulson Haddock
 4870 Autumn Glory Way
 Chantilly, VA 20151
 (V) 703-263-2274
 (E) makoswimming@aol.com
 703 .263.2274

**2014 MAKO Marlin Dual Meet
 Oct. 25, 2014 @ GMU Aquatics & Fitness Center**

Saturday, November 3, 2012 Warm-up 6:00 AM to 6:25 AM / Events 6:30 AM				
Girls Event #				Boys Event #
1		400 IM		2
3		200 Fly		4