

# MAKO-POTOMAC MARLINS 200 fly/400 IM Dual Meet Nov. 16, 2013

## Sponsored by the Mason Makos Swim Team

Sanctioned by USA Swimming through Potomac Valley Swimming Sanction #

Meet Director: Heather Coulson Haddock (703) 263-2274 (makoswimming@aol.com)

Meet Referee: Tony Fitz (tfitz@cox.net)

**Location:** GMU Aquatics & Fitness Center

VA. Fairfax 22032 703-993-3939

The competition course has not been certified in accordance with USA Swimming Rules and

Regulations Article 104.2.2 (C).

Schedule: Saturday November 16 2012

Warm -up: 6.00- 6.30 AM Events: 6.35 AM

An 8 lane, 25 yard course will be used for all competition, with a water depth of 7' at the dive end, and 9' at the turning end. Warm-up / warm-down lanes will be available throughout the meet in

separate lanes from the competition pool.

Eligibility: Dual meet between Mason Makos and Potomac Marlins.. Swimmers shall compete at the age

attained on Saturday, Nov. 16, 2012.

PVS and host clubs along with their Meet Directors are committed to the <a href="Inclusion Policy as adopted by the Board of Directors">Inclusion Policy as adopted by the Board of Directors</a>. Athletes with disabilities are welcome to participate, and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to

the competition.

Rules/Entries: Current USA Swimming rules shall govern the meet.

All events are timed finals. Events will swum as mixed gender, open events

Seed times are short course yards.

No on-deck USA-S registration is permitted.

In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDS's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods...

The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Sportsmanship policy.

Dive-over starts may be used. Coaches are requested to review <u>Guidance for Dive-Over Starts</u> <u>for Coaches</u>. Officials are requested to review <u>Protocol for Dive-Over Starts</u>.

Liability Statement: In granting this sanction it is understood and agreed that USA Swimming,

Potomac Valley Swimming, George Mason University and MAKO shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Time Trials:** Time trials may be available at the end of the session, time permitting...

Warm-Up:

The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.

Supervision:

NO FOOD OF ANY KIND IS ALLOWED ON THE POOL DECK.

Coaches are responsible for the conduct of their swimmers and families, as well as maintaining clean team areas. Only athletes, USA Swimming certified coaches, and deck officials are permitted on the pool deck. Coaches & deck officials are required to display their valid 2011 USA Swimming credentials. Parents not working the meet as a deck official, timer, or other meet position are not permitted on deck.

COACHES ARE RESPONSIBLE FOR ENSURING THAT THEIR TEAM AREAS ARE CLEAN OF ANY DEBRIS AT THE CONCLUSION OF EACH MEET SESSION.

Admission:

There is no admission charge. Meet programs will be made available for a nominal charge.

Officials:

All certified officials wishing to volunteer to work this meet should contact Tony Fitz (703-437-7378); E-mail: <a href="mailto:tfitz@cox.net">tfitz@cox.net</a>. Please include your club affiliation, certifications held, and sessions you wish to work.

Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-up.

Each participating club is requested to provide at least one official and 3 timers per session if entering 25 or more swimmers.

Seating:

Due to the limited pool deck space, only officials, USA swimming registered coaches and swimmers will be permitted on the pool deck. No chairs are allowed on deck.

Parking:

Parking Lot "C" is the designated lot for all swim teams. GMU parking services will ticket all vehicles parked in other non-designated lots.

Penalties:

Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

**Entries:** 

Teams should provide entries as follows:

- Email (preferred):
  - Send e-mail to Heather (<u>makoswimming@aol.com</u>).
  - Include with your commlink file one report by name and one by event.
    Create these reports in HyTek Team Manager and save as Word for Windows files.
  - In the body of your email, provide entry numbers (girls, boys, totals).
  - Include contact information (e-mail, phone, officials contact).
- 2. Mail:
- HyTek computer disk entries are required.
- Include with your commlink file one report by name and one by event.
  Create these reports in HyTek Team Manager and save as Word for Windows files.
- Entries may also be submitted on a PVS Master Entry Sheet.
- All entries must included a completed PVS Entry Cover Sheet.
- Events and time standards (.hyy files) for use in Team Manager are available online.

**Entry Deadline:** 

THE ENTRY DEADLINE IS 1:00 PM, TUES. NOV, 12 2013

#### Important:

The Meet Director will acknowledge receipt by return email within 24 hours.

Teams submitting entries that do NOT receive an acknowledgement should contact the Meet

Director by other means to confirm receipt.

The above date is the deadline for teams to submit their entries to the Meet Director. Therefore, teams usually set an earlier deadline to receive entries from their swimmers.

Check with your team for this information.

## Other Registration Details:

Entries directly from individual team members will not be accepted.

Entries by phone or fax entries will not be accepted.

Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a

responsible team official will not be accepted.

Fees; None

#### **Send Entries To:**

Heather Coulson Haddock 4870 Autumn Glory Way Chantilly, VA 20151 (V) 703-263-2274

(E) makoswimming@aol.com

## 2013 MAKO Marlin Dual Meet Nov 16, 2013 @ GMU Aquatics & Fitness Center

Event #	Event Name
1	Mixed Gender Open 200 fly
2	Mixed Gender Open 400 IM